

### Dr. Richard Pitch

**Dr. Richard Pitch**, Medical Director of Long Island neuroCare Therapy is among the most experienced TMS therapy providers in the New York metropolitan area and is the most experienced in Suffolk County.

Dr. Pitch has been providing TMS therapy since June 2010. He completed the Mini-Fellowship in Transcranial Magnetic Stimulation from Harvard Medical School in 2011, at Berenson-Allen Center for Noninvasive Brain Stimulation at Beth Israel Deaconess Medical Center in Boston, MA. He is on the Board of Directors of the Clinical TMS Society.

### Eileen Levy, NP

**Eileen Levy, NP**, has 40 years of psychiatric nursing experience working in both inpatient hospital and outpatient clinic settings. She earned her masters in Nursing from Stony Brook University in 2004. She has expertise in treating children, adolescents and adults. Eileen is a consult liaison nurse practitioner in both emergency room and acute care settings, and has a private practice. She has recently joined Dr. Pitch and staff to utilize her extensive experience to improve the quality of life for people suffering from treatment resistant depression with TMS.



[www.neurocarecentersofamerica.com](http://www.neurocarecentersofamerica.com)

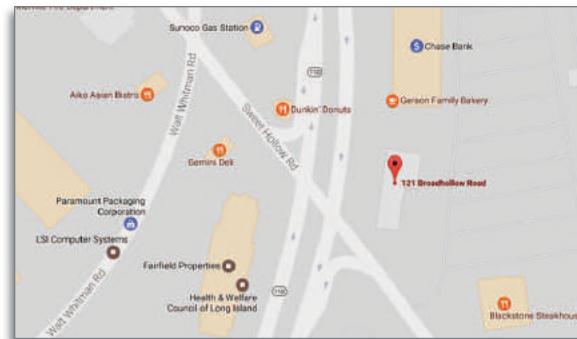
neuroCare Centers of America is part of an international network of centers of excellence dedicated to helping patients suffering from neuropsychiatric illnesses that have not been helped by traditional medication management. neuroCare Centers of America has partnered with Long Island neuroCare Therapy, Long Island's premier psychiatric services group to provide state of the art depression care for patients not helped by, intolerant of, or contraindicated for psychotropic medications.

### Treatment Centers Near Me

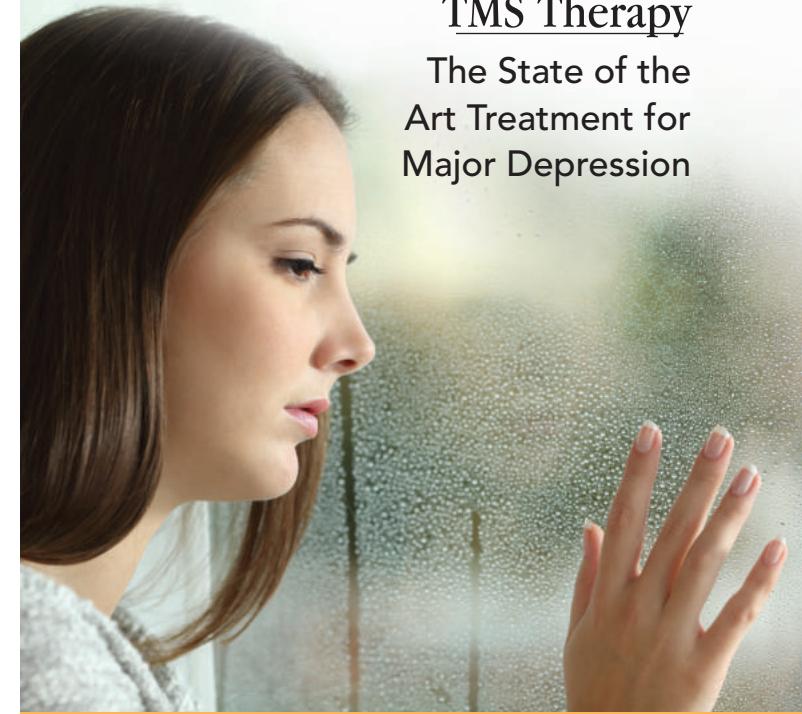
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**Phone 631-714-4100**



**121 Broadhollow Road, Suite 125**  
**Melville, NY 11747**



**TMS Therapy**  
**The State of the**  
**Art Treatment for**  
**Major Depression**



### Changing Lives Every Day

#### Helps When Medications Don't

There is hope for relief from depression even after multiple medication treatments have failed you. Discover how neuroCare Centers of America is using the world's most advanced treatment techniques to change lives every day. Using unique personalized treatment approaches, our goal is more than just symptom improvement – our goal is to get patients feeling truly well.

## What is TMS Therapy?

TMS stands for Transcranial Magnetic Stimulation. This advanced technique uses MRI strength magnetic energy to target the brain regions that regulate a person's mood. This approach to treating depression allows our staff of experts to improve the function of these regions, which in turn relieves depression.

### Some of the unique features of the TMS Therapy include:

- Non-invasive, which means it does not involve any surgery, anesthesia or sedation. This is important as this facilitates a treatment that is very safe<sup>1</sup>.
- The patient is awake and alert during treatment. This allows patients to easily come and go to treatment sessions independently. This also allows TMS Therapy to be provided in a convenient outpatient setting.
- Non-systemic, which means TMS Therapy treats depression without traveling through the blood stream like medications. This allows the therapy to be focused on the regions of the brain that need help, without going to areas that are not involved with a patient's mood. This means TMS Therapy is 100% free of any medication side effects, such as nausea, dry mouth, weight gain, sexual dysfunction or memory problems.

## Is TMS Therapy right for you?

**If you answer YES to two or more of these questions, talk to your doctor to see if TMS Therapy is right for you.**

- Are you taking medication to treat your depression?
- Are you still depressed despite your medication?
- Are you experiencing side effects from your medication?
- Have you switched medications more than once due to side effects?
- Are depression symptoms interfering with your leisure activities or relationships with your family and friends?
- Are depression symptoms having an effect on your ability to earn a living?



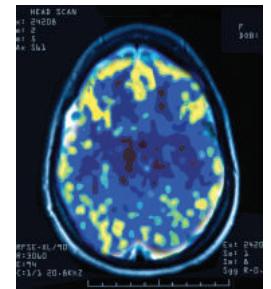
## How Does TMS Therapy Work?

TMS Therapy has a unique way of working when compared to all other depression treatments. No other treatment acts only on the regions involved in mood regulation.

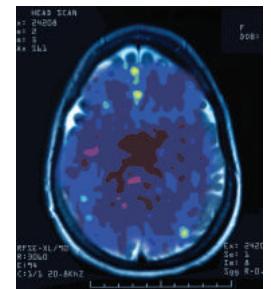
The stimulation works to effectively "retrain" the mood circuits so they return to a more normal functional state. This process provides superior depressive symptom relief and a very durable benefit for most patients even after multiple ineffective medication attempts.<sup>2,3,4</sup>

TMS is provided as a course of treatment. Like all treatments for depression, a number of treatments are needed to get well and stay well.

Most patients receive long lasting benefits, but if depressive symptoms return, additional treatments typically return patients to a more normal state.



Healthy Brain Scan



Depressed Brain Scan

<sup>1</sup> A neuroCare Centers of America staff member will discuss the risks of TMS Therapy during a consultation prior to starting treatment.

<sup>2,3,4</sup> Carpenter, et al, 2012, Dunner, et al, 2013, Arns, et al, 2012